

Tchefuncte Middle Nov.2021 Lunch Menu

Mon	Tue	Wed	Thu	Fri
1 Chicken Tenders Chilled Fruit (2) Carrots, Green Peas WG Texas Toast Macaroni & Cheese	2 Nacho Supreme Chilled Fruit(2) Lettuce, Salsa Black Beans Nacho Chips	3 Turkey Ham Sand. Chilled Fruit(2) Potato Fries Zucchini, Squash Bread Sliced	4 Turkey Roast Chilled Fruit(2) Sweet Potatoes, Cauliflower WG Roll Rice W/ Gravy	5 Pizza Chilled Fruit Broccoli Marinara Sauce Pizza Crust
8 Chicken Tenders Chilled Fruit(2) Broccoli, Carrots WG Breadstick Rice, Orange Sauce	9 Hamburger Chilled Fruit(2) Lettuce, Tomatoes Potato Fries Hamburger Bun	10 Breezy Mac Chilled Fruit(2) Carrots, Green Beans WG French Bread Elbow Pasta	11 Chicken Bake Chilled Fruit(2) Cole Slaw, Biscuit Rice w/ Gravy	12 Hot Dog w/ Chili Chilled Fruit Carrots Potato Fries Hot Dog Bun
15 Chicken Tenders Chilled Fruit(2) Carrots, Green Peas WG Texas Toast Macaroni & Cheese	16 Taco Meat Cheese, Chilled Fruit(2) Lettuce, Salsa, Black Beans Tortilla, Taco Shell WG Cinn. Breadstick	17 Pastalaya Chilled Fruit(2) Broccoli, Carrots WG Garlic Bread Elbow Pasta	Thanksgiving Dinner 18 Turkey Roast Chilled Fruit(2) Sweet Potato Casserole Cauliflower, Roll Cornbread Dressing	19 Pizza Chilled Fruit Marinara Sauce Cauliflower Pizza Crust
22 Happy Thanksgiving Holiday Nov.22-26	23	24	25 Available Daily: Low-Fat Chocolate Milk Low-Fat Strawberry Milk Low –Fat White Milk (Milk Price .50)	26 Lunch Prices: Reduce(PK-12) \$.40 Full Price(PK-6) \$1.30 Full Price(7-12) \$1.55 Eligible Price \$3.25 Visitors \$4.75
29 Chicken Tenders Chilled Fruit(2) Salad Mashed Potatoes w Gravy WG Breadstick	30 Hamburger Chilled Fruit(2) Lettuce, Tomatoes Black Beans Hamburger Bun			

This Institution is an equal opportunity provider. Menu are subject to be change.