

Tchefuncte Middle Jan.2022 Lunch Menu

Mon	Tue	Wed	Thu	Fri
3 Chicken Tenders Chilled Fruit(2) Carrots, Green Peas Texas Toast Mac& Cheese	4 Nacho Supreme Chilled Fruit(2) Lettuce, Salsa Black Beans Nacho Chips	5 Turkey & Cheese Sand. Chilled Fruit(2) Carrots Potato Fries Bread Sliced	6 BBQ Chicken Sand. Chilled Fruit(2) Potato Fries Coleslaw Hamburger Bun	7 Pizza Chilled Fruit Marinara Sauce Cauliflower Pizza Crust
10 Chicken Tenders Chilled Fruit(2) Salad Mashed Potatoes w/ Gravy WG Roll	11 Hamburger Chilled Fruit(2) Lettuce, Tomatoes Potato Fries Hamburger Bun	12 Meat Sauce Chilled Fruit(2) Green Beans French Bread Spaghetti Pasta	13 Chicken Baked Chilled Fruit(2) Coleslaw, Baked Beans Rice w/ gravy Roll	14 BBQ Chicken on Bun Chilled Fruit Lettuce, Tomatoes Potato Fries Hamburger Bun
17 Martin Luther King Jr. Holiday	18 Chicken Tenders Chilled Fruit(2) Carrots, Green Peas Texas Toast Mac & Cheese	19 Nacho Supreme Chilled Fruit(2) Lettuce, Salsa Black Beans Nacho Chips	20 Turkey & Cheese Sand. Chilled Fruit(2) Potato Fries Zucchini, Squash Bread Sliced	21 Pizza Chilled Fruit Marinara Sauce Broccoli Pizza Crust
24 Chicken Orange Chilled Fruit (2) Broccoli, Carrots Breadstick Rice	25 Hamburger Chilled Fruit(2) Lettuce, Tomatoes Potato Fries Hamburger	26 Breezy Mac Chilled Fruit(2) Carrots, Green Beans French Bread Elbow Pasta	27 Chicken Patty Sand. Chilled Fruit(2) Potato Fries Baked Beans Hamburger Bun	28 BBQ Chicken on Bun Chilled Fruit Carrots, Potato Fries Hamburger Bun
31 Chicken Tenders Chilled Fruit(2) Carrots, Green Peas Texas Toast Mac& Cheese			Available Daily: Low-Fat Chocolate Milk Low-Fat Strawberry Milk Low-Fat White Milk	Lunch Prices: Reduced(PK-12) \$.40 Full Price(PK-6) \$1.30 Full Price ((7-12) \$1.55 Eligible Price \$3.25 Visitors \$4.75

This institution is an equal opportunity provider. Menu are subject to be change.