

Tchefuncte Middle Sept.2020 Lunch Menu

| Mon | Tue | Wed | Thu | Fri |
|--|--|---|---|--|
| | 1 | 2 | 3 | 4 |
| Available Daily: Low-Fat Chocolate Milk Low- Fat Strawberry Milk Low -Fat white milk | Optional Entrée; Non- Fat Flavored Yogurt w/ Cheese Stick | | | |
| 7 | 8 | 9 | 10 | 11 |
| | Chicken Wrap Chilled Fruit Lettuce, Salsa, Corn Tortilla | Sloppy Joe Sand. Chilled Fruit Regular Fries Coleslaw Hamburger Bun | Chicken (Baked) Chilled Fruit Fruit Crisp, Carrots Coleslaw, Biscuit Rice w / Gravy | Quesadilla Cheese Chilled Fruit Lettuce Salsa Corn Tortilla |
| 14 | 15 | 16 | 17 | 18 |
| Fajita (Chicken) Cheese Chilled Fruit, Lettuce, Salsa, Corn Tortilla | BBQ Chicken Sand. Chilled Fruit Regular Fries Coleslaw Hamburger Bun | Jambalaya Chilled Fruit Potato Salad Squash, Rice WG Breadstick | Meat Loaf Chilled Fruit Mashed Potatoes w/ Gravy, Zucchini WG Roll | Hamburger Raisins Lettuce Tomatoes Carrots Potatoes Fries Hamburger Bun |
| 21 | 22 | 23 | 24 | 25 |
| Chicken Tenders Chilled Fruit Carrots, Green Peas, WG Texas Toast, Macaroni n Cheese | Corn Dog w/ Chilled Fruit Regular Fries Baked Beans Corn Dog Wrap | Breezy Beefy Mac Chilled Fruit, Carrot, Green Beans WG Breadstick Elbow Pasta | Chicken (Baked) Chilled Fruit Southern Bake Apple, Potato Salad WG Bread | Turkey Sand. Ham Sand. Chilled Fruit Lettuce, Tomatoes, Carrots Potato Fries Hamburger Bun |
| 28 | 29 | 30 | | |
| Chicken Bites Chilled Fruit, Salad Mashed Potatoes w/ Gravy, WG Roll | Nacho Supreme Chilled Fruit, Lettuce, Salsa Fiesta Black Beans Nacho Chips | Breezy Mac Chilled Fruit, Carrots, Green Beans, WG French Bread, Elbow Pasta | | Lunch Prices: Reduced (PK-12) \$.40 Full price (PK-6) \$ 1.30 Full Price (7-12) \$ 1.55 Eligible Adult \$ 3.25 Visitors \$ 4.75 |

This institution is an equal opportunity provider. Menu are subject to be change